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**ROCK RESOURCES INC.**  
(the "Company")

NEWS RELEASE  
August 7, 2002

**CORPORATE UPDATE**

**Rock Resources Announces Chief Financial Officer Appointment**

**Rock Resources Announces Investment in an Irish PLC to Raise Exploration Funds**

**NEW APPOINTMENT:**

The Board of Directors is pleased to announce that Mr. Allen Rose, CA has joined the Company as Chief Financial Officer. Mr. Rose, 46, graduated from McMaster University with a Bachelor of Commerce. After articling with Arthur Young, Mr. Rose obtained his CA in 1983. Since that time, he has been involved with a number of major corporations including Keg Restaurants and has been a director of several other small cap public corporations.

"We are very pleased that Allen will be joining our team," commented Graeme Rowland, President and Chairman of Rock Resources. "His extensive financial experience, operational expertise and leadership qualities will greatly enhance Rock Resources expand its strategy for growth and existing business developments, and prepare the company for future growth."

**INVESTMENT:**

Management is pleased to announce that Rock is investing in an Irish PLC ("PLC") with a view to PLC raising exploration funds for mineral projects some of which projects the Company will have an interest in the further participation thereof.

On behalf of the Board of Directors:

**"Graeme Rowland"**

Graeme Rowland, President  
and Chairman of the Board

This news release shall not constitute an offer to sell or the solicitation of an offer to buy the securities in any jurisdiction. The securities of the corporation have not been and will not be registered under the U.S. Securities Act, 1933, as amended, and subject to certain exemptions may not be offered or sold in the United States or to U.S. persons. The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

**TSX VENTURE: RCK**

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